



Responsibility

Sub-Concepts Covered: Self-discipline

Kindness in the Classroom lessons teach kindness skills through a step-by-step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

This unit is the fifth of our six unit series. The goal is to explore responsibility and take ownership for one's actions. We will also be giving students strategies on how to make responsible choices that ultimately promote kindness to self, others, and our community. There is a large focus on science and recycling within this unit, so you may be able to pair these lessons up with your core content.

Unit Objective

Students will:

- Define responsibility and self-discipline through both actions and words.
- Identify HOW to show responsibility at home and school.
- Draw connections between self-discipline and responsibility as it applies to their daily lives.

Student Introduction

We have arrived at the Responsibility Unit! Many of us may have heard this word before, but now it's time to see how being responsible and making responsible choices help us to grow in kindness! We will learn about how we can show responsibility in our everyday choices AND in bigger choices that affect not only ourselves and others, but our community as well.

Let's explore the concept of responsibility and how being responsible is also being kind!

Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
Lesson 1 My Space	<ul style="list-style-type: none"> Identify ways to show responsibility to themselves. Practice activities in the classroom that require responsibility to one's self. 	<ul style="list-style-type: none"> Paper folded in half Basic Art Supplies <i>I Just Forgot</i> by Mercer Mayer
Lesson 2 The Domino Effect	<ul style="list-style-type: none"> Develop a collaborative list of common ways/environments to show responsibility Use dominoes to demonstrate an understanding of one-to-one correspondence up to 15. 	<ul style="list-style-type: none"> Dominoes (15 per pair/group)
Lesson 3 Every Drop Counts!	<ul style="list-style-type: none"> Identify ways children can be responsible for the environment through personal actions Accurately read liquid measuring devices to track water usage during a science experiment Practice using the scientific method during a water conservation activity. 	<ul style="list-style-type: none"> <i>One Plastic Bag: Isatou Ceesay and the Recycling Women of the Gambia</i> 1 graduated cylinder OR 1 glass liquid measuring cup. Pencils 1 basin (must fit in a sink under the faucet) 1 new toothbrush Toothpaste 1 timer or stopwatch 1 record sheet (see Lesson)
Lesson 4 Give Me Five!	<ul style="list-style-type: none"> Identify ways children can respond with kindness towards others in a variety of situations. Practice acts of kindness at school. 	<ul style="list-style-type: none"> Basic Art Supplies Scissors Plain Paper

Unit Projects

Project Title	Project Overview	Materials Required
Project 1 Responsibility Chart	Students work with their family to make a personalized chore chart. In addition, the parent and child will create a step by step guide for one specific chore that the child is learning that the child can share in class.	<ul style="list-style-type: none"> Letter to Parent/Guardian Sample Chore Chart (see project) Sample How-To-Guide (see project)
Project 2 Recycled Art	Students will recycle common everyday items to create a class designed piece of art.	<ul style="list-style-type: none"> Recycled Items Basic Art Supplies String